

BASIC INFORMATION

TODAY'S DATE / /

FULL NAME _____

DATE OF BIRTH / /

WHAT MAIN REASON BRINGS YOU IN TO SEE OUR TEAM TODAY? _____

CURRENT PHYSICAL CONDITION

WHAT IS (ARE) YOUR MAJOR CONCERN(S) ABOUT YOUR HEALTH? LIST THEM.

HOW ARE THESE HEALTH CONDITIONS/CONCERNS AFFECTING YOUR LIFE? _____

HOW LONG HAS IT BEEN SINCE YOU HAVE REALLY FELT GOOD? _____

GOALS AND EXPECTATIONS

IF YOU COULD CHANGE ONE THING ABOUT YOUR PHYSICAL HEALTH WHAT WOULD IT BE?

AND YOUR EMOTIONAL HEALTH? _____

AND YOUR NUTRITIONAL (CHEMICAL) HEALTH? _____

WHAT ARE YOUR EXPECTATIONS FROM OUR TEAM AT MFHC? _____

WHAT ARE YOUR WELLNESS GOALS/EXPECTATIONS THAT YOU WOULD LIKE TO ACCOMPLISH?

HEALTH HISTORY

CHECK ANY OF THE FOLLOWING CONDITIONS THAT APPLY TO YOU:

- | | | |
|--|--|--|
| <input type="checkbox"/> ACNE | <input type="checkbox"/> DIABETES | <input type="checkbox"/> SINUS PROBLEMS |
| <input type="checkbox"/> ANEMIA | <input type="checkbox"/> DIFFICULTY BREATHING | <input type="checkbox"/> SKIN CONDITIONS |
| <input type="checkbox"/> ARTHRITIS | <input type="checkbox"/> EMPHYSEMA | <input type="checkbox"/> ULCERS/COLITIS |
| <input type="checkbox"/> ARTIFICIAL BONES/JOINTS | <input type="checkbox"/> FAINTING/SEIZURES | <input type="checkbox"/> OTHER: _____ |
| <input type="checkbox"/> ARTIFICIAL VALVES | <input type="checkbox"/> FREQUENT NECK/BACK PAIN | |
| <input type="checkbox"/> ASTHMA | <input type="checkbox"/> GLAUCOMA | |
| <input type="checkbox"/> CANCER | <input type="checkbox"/> HEART ATTACK/STROKE | |
| <input type="checkbox"/> CHEMOTHERAPY | <input type="checkbox"/> HIGH BLOOD PRESSURE | |
| <input type="checkbox"/> CHRONIC BAD BREATH | <input type="checkbox"/> LOW BLOOD PRESSURE | |
| <input type="checkbox"/> CONGENITAL HEART DEFECT | <input type="checkbox"/> LYME DISEASE | |
| <input type="checkbox"/> DEPRESSION | <input type="checkbox"/> SEVERE/FREQUENT HEADACHES | |

LIFESTYLE

CHECK MARK THOSE THAT APPLY TO YOU:

- | <i>EXERCISE</i> | <i>WORK ACTIVITIES</i> | <i>STRESS LEVEL</i> |
|-----------------------------------|--|-----------------------------------|
| <input type="checkbox"/> NONE | <input type="checkbox"/> MOSTLY SITTING | <input type="checkbox"/> NONE |
| <input type="checkbox"/> MODERATE | <input type="checkbox"/> MOSTLY STANDING | <input type="checkbox"/> LOW |
| <input type="checkbox"/> DAILY | <input type="checkbox"/> LIGHT LABOR | <input type="checkbox"/> MODERATE |
| <input type="checkbox"/> HEAVY | <input type="checkbox"/> HEAVY LABOR | <input type="checkbox"/> HIGH |

I, _____, hereby declare that all information I provided is true and current to the best of my knowledge. I recognize McCaffrey Family Health Center's ability to provide the best care possible and give them permission to advise and treat me accordingly as well as obtain payment for the treatment in order to carry out its health care operations.

I also acknowledge that McCaffrey Family Health Center will keep all of my information private according to the required Health Insurance Portability and Accountability Act (HIPAA) policy. The McCaffrey Family Health Center's Privacy Notice contains all guidelines to protecting my information and I am aware that I can request to read it at any time. It is provided at the front desk for my convenience. I acknowledge that McCaffrey Family Health Center reserves the right to change its privacy practices that are described in the Privacy Notice, in accordance with applicable law.

I have read and understand the foregoing notice and all of my questions have been answered to my full satisfaction in a way that I understand it.

Patient name (please print)

___/___/___
Today's date

Patient signature

OR _____
Signature of legal representative

Relationship

